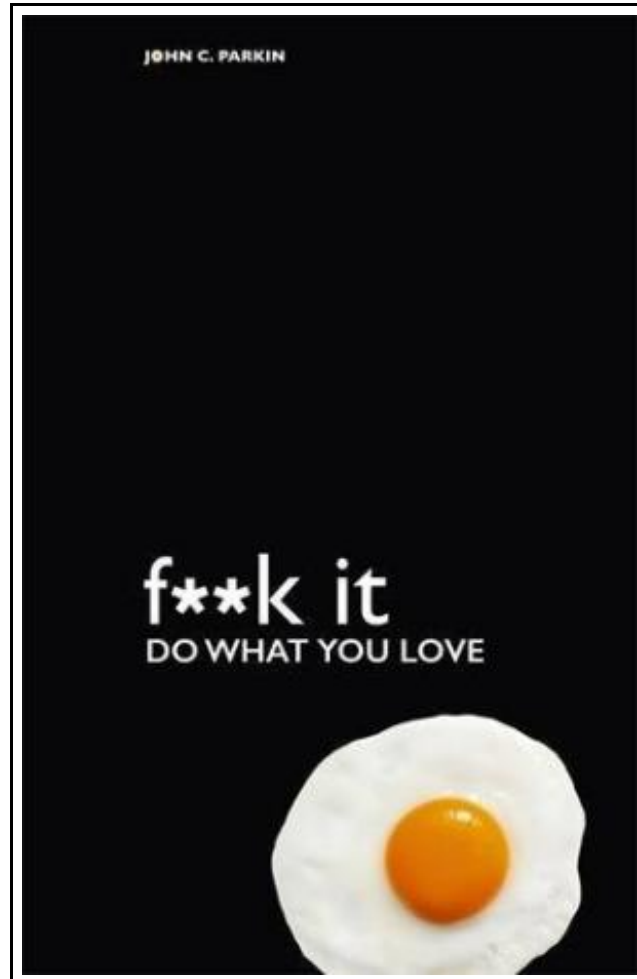


## Fuck it: Do What You Love



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## FUCK IT: DO WHAT YOU LOVE



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Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Fuck it: Do What You Love, John Parkin, A recent Gallup poll in the US found that 70 per cent of those in work didn't enjoy their job. In his latest book, John C. Parkin brings the power of saying 'F k It' to the subject of doing what we love. In this highly entertaining and motivational book, John sets out to prove that when we do what we love, we're actually more likely to be happier, healthier, wealthier and more successful. He addresses the significant blocks that people experience when they consider doing what they love, including: 'Doing what you love is for time-off, not work', 'Doing what I love would be selfish', 'I just don't know what I love' and 'I could never make a living from doing what I love'. Through no-nonsense ideas, fascinating facts and motivating calls to action, John brings us from pessimism to inspiration, so that our trail of thought becomes powered by 'F k it, I can't waste any more of my life', 'F k it, I will find a way to make this work', 'F k it, I will do what I love'. F k It: Do What You Love is not just a book: it's a step-by-step map to get every single person to spend their precious time on this planet doing what they love.



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